

Mount Alvernia's physical address for GPS devices and Internet map searches is:

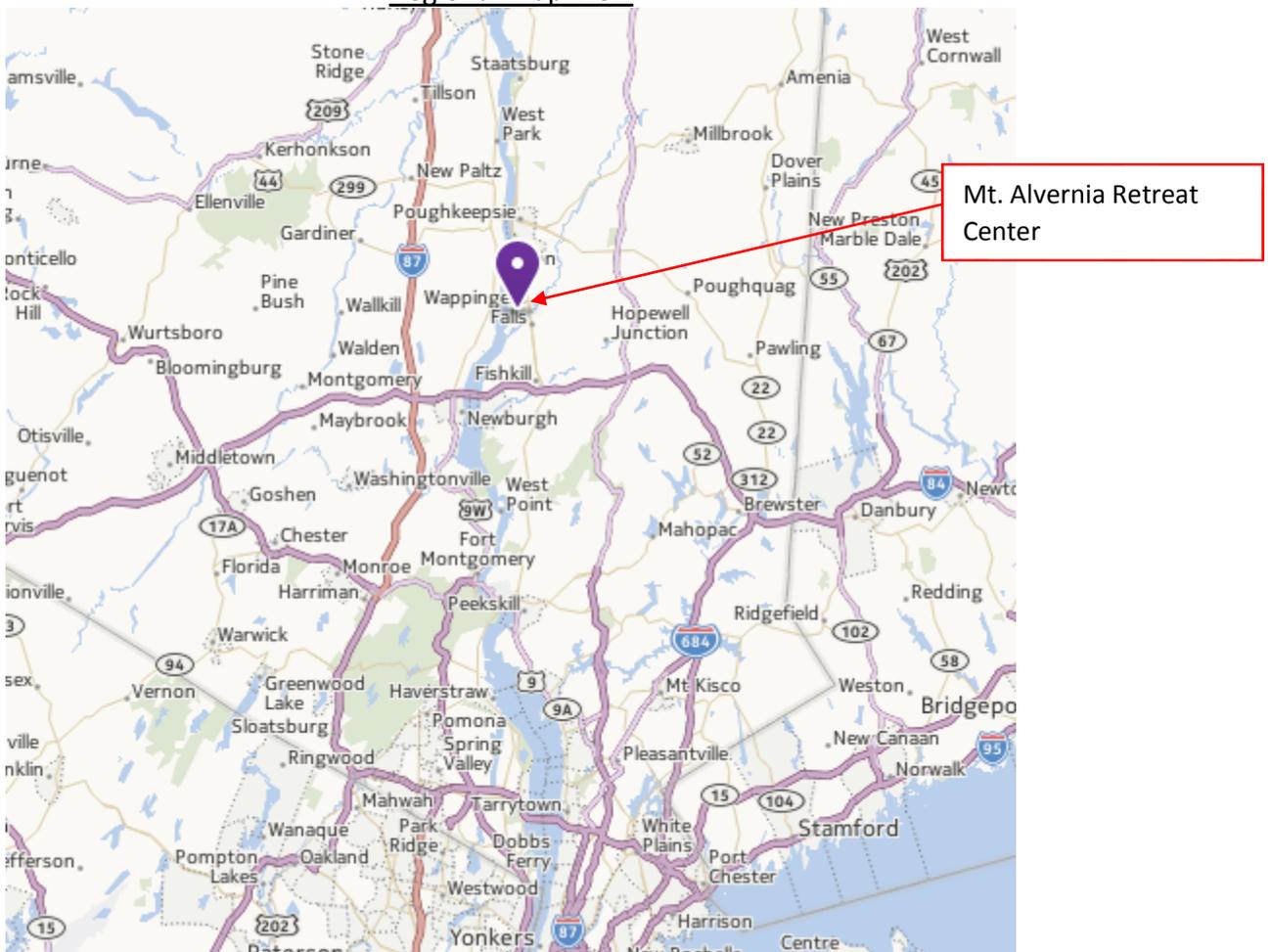
Mount Alvernia Retreat Center  
158 Delavergne Avenue,  
Wappingers Falls, NY 12590-0858

**Directions by car:** Mount Alvernia Retreat Center is located in the village of Wappingers Falls, off of Route 9D. It is approximately 60 miles north of New York City and approximately 10 miles south of Poughkeepsie, N.Y. Major highways nearby include: Interstate 84, the New York Thruway, Route 9, and the Taconic Parkway.

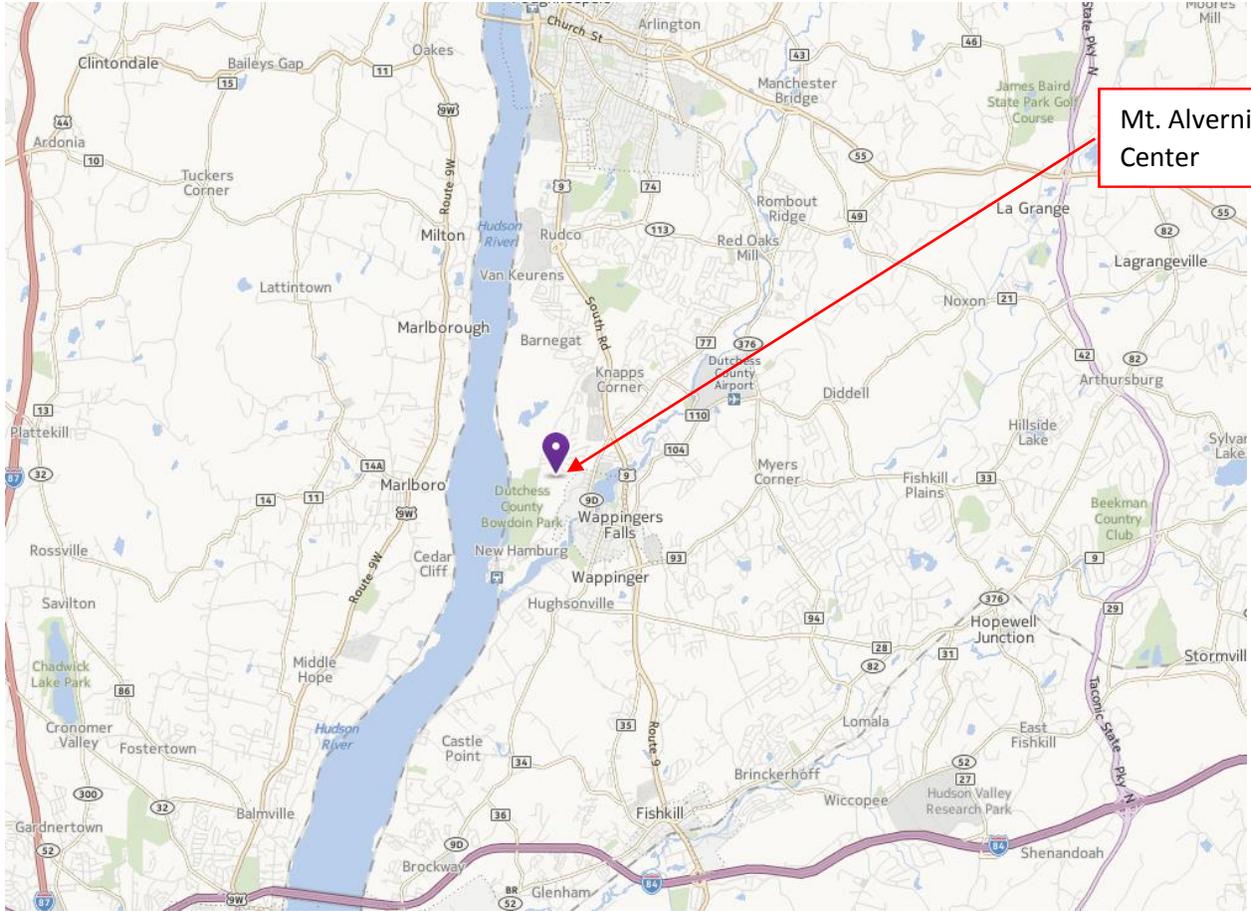
**Directions by train:** From Grand Central Station, on the Metro-North Hudson Line, the nearest train station is the New Hamburg Station. Call the Metro-North Railroad or check their web site, [www.mta.info](http://www.mta.info) for schedule, fare, and station information.

From Albany, New York, on Amtrak, the nearest train station is the Poughkeepsie Station. From Poughkeepsie, take a taxi cab. Call Amtrak or check their web site, [www.amtrak.com](http://www.amtrak.com) for schedule, fare, and station information.

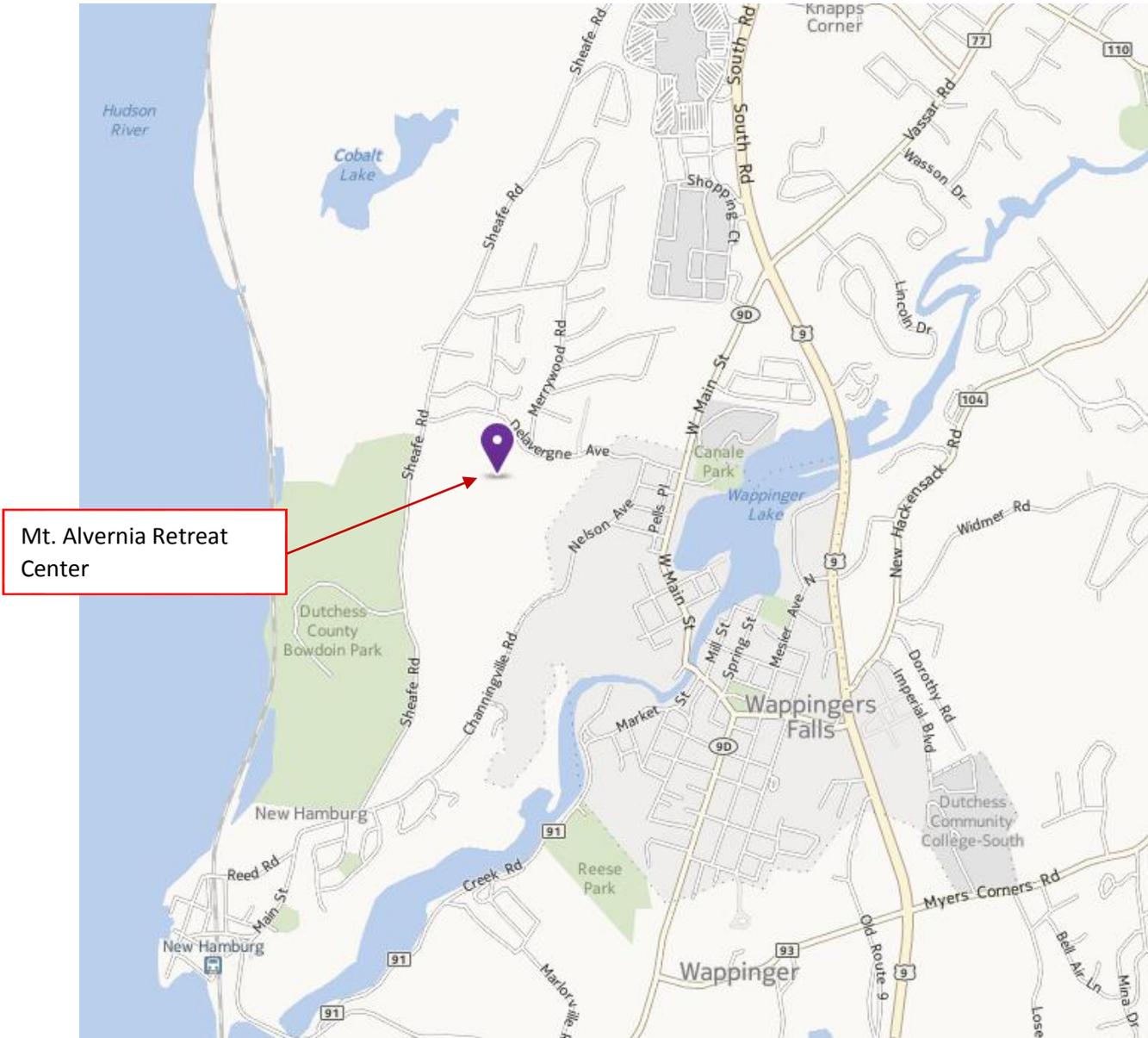
#### Regional Map View



## Local Map View



Close-up Map View



Close-up Aerial Photo

Mt. Alvernia Retreat  
Entrance Road

Mt. Alvernia Retreat  
Center

